

FRED'S LUNCH

AVAILABLE UNTIL 3:00 P.M. DAILY

BEGINNINGS

LOBSTER ARTICHOKE DIP

A delectable blend of artichoke, lobster, spinach, fine herbs and cheeses, served with garlic cheese toast

BACON WRAPPED SHRIMP

Hickory bacon wrapped shrimp brushed with BBQ sauce

POTATO SKINS

Crispy skins filled with bacon, scallions and melted cheese, served with sour cream

TUSCANI BRUSCHETTA

Crusty garlic-cheese bread served with a mix of tomato, red onion, basil, olive oil and balsamic vinegar

BUFFALO WINGS

Hot or BBQ with celery and bleu cheese

SESAME CHICKEN STRIPS

Served with honey mustard



A "TASTE OF FRED'S"

Lobster artichoke dip, cheese sticks, potato skins, bacon wrapped shrimp and onion rings, served with all the trimmings

SOUP & SALAD

SOUP DU JOUR

Fresh from our kitchen, made daily
Cup or Bowl

BAKED THREE CHEESE FRENCH ONION

Swiss, provolone and parmesan
atop house-made croutons

FIREMAN'S CHILI

Cup or Bowl
Baked with sweet onions and cheddar cheese-for additional charge

CAESAR SALAD

Romaine lettuce, parmesan and crispy croutons tossed with our house-made Caesar dressing
Additional charge:
With Chicken-With Shrimp-With *Steak

CALIFORNIA COBB

Fresh greens topped with turkey, shredded colby and cheddar cheeses, egg, bacon, tomato served with your choice of dressing

ANTIPASTO SALAD

Fresh greens, pepperoni, black olives, pepperoncini, mild pepper rings, mozzarella, muenster and provolone cheeses with Italian dressing

SPINACH SALAD

Fresh leaf spinach with feta cheese, red onion, walnuts, sun dried cherries with balsamic vinaigrette dressing
Additional charge:
With Chicken-With Shrimp

TRAVERSE CITY SALAD

Mixed greens, sun dried apricots and cherries, tomato, red onions, crumbled bleu cheese and raspberry vinaigrette
Additional charge:
With Chicken-With Cajun Salmon Filet-With Shrimp

SANDWICHES

All sandwiches served with chips and a pickle - Add fries and slaw to any sandwich for additional charge.

*STEAK PHILLY

Prime rib topped with grilled onions and peppers, Swiss cheese on a sourdough bun, served with a side of steaming au jus

REUBEN

Choose corned beef with sauerkraut or tender turkey topped with coleslaw, with house dressing and melted Swiss cheese, served on grilled marble rye

GRILLED CHICKEN

Marinated chicken breast char-grilled to perfection topped with lettuce, tomato and Swiss cheese, served on sourdough with honey mustard

ROSCO TURKEY SANDWICH

Smoked sliced breast of turkey with spinach cream cheese spread, provolone cheese, lettuce and tomato on grilled sourdough bread

FISH SANDWICH

Fresh tender cuts of cod lightly beer battered, deep fried and served with American cheese, lettuce, tomato and tartar sauce

OLD FASHIONED CLUB

Triple decker sandwich of tender turkey, baked ham, crisp slices of bacon, lettuce, tomato, American cheese and mayo, served on your choice of toasted bread

ENGLISH MELTERS

Your choice of crab and provolone or albacore tuna and dill havarti cheese baked on an English muffin

TUNA FISH DELUXE

Albacore tuna, dill havarti cheese, lettuce and tomato on sourdough

1/2 SANDWICH & CUP OF SOUP

A cup of soup with your choice of half sandwich
Choose from: Rosco Turkey Sandwich, Fish Sandwich, English Melters, Tuna Fish Deluxe.

PRIME RIB SANDWICH

Traditional or blackened, served open face on garlic toast with French fries

*Can be cooked to order. Notice: Consuming raw or undercooked meats, eggs, seafood or poultry may increase your risk of foodborne illness.

FRED'S LUNCH

AVAILABLE UNTIL 3:00 P.M. DAILY

FRED'S BURGERS

Made from the freshest choice angus beef, served hot and juicy.

All burgers served with chips and a pickle - Add fries and slaw to any burger for additional charge.

***1/2 POUND GROUND ANGUS BURGER**

Grilled your way, topped with lettuce, tomato and pickle

Build your own: Add American, Swiss, cheddar or bleu cheese; grilled mushrooms, onions or bacon - additional charge each

***PATTY MELT**

1/2 pound angus patty with Swiss cheese and sautéed onions on grilled rye

CHOOSE YOUR BASKET

With house-made coleslaw and Fries

CHICKEN STRIPS

Lightly breaded and deep fried, served with ranch dipping sauce

DEEP FRIED WINGS

Hot or BBQ, dipping sauce available

FRIED SHRIMP

A hearty portion served with cocktail sauce

ENTRÉES

Served with house-made coleslaw and dinner rolls

PUB STYLE FISH & CHIPS

Beer battered North Atlantic cod fried or baked golden brown

TRAVERSE CITY CHICKEN

Fresh chicken breast marinated, sautéed and laced with our cherry compote

SESAME CHICKEN TERIYAKI

Fresh chicken breast marinated in a teriyaki sauce, grilled and basted with a lively plum glaze

CHICKEN MARSALA

Fresh breast of chicken marinated, sautéed with marsala wine, mushrooms and beef demi-glaze

ANGEL HAIR PASTA ALFREDO

Pasta cooked al dente, blended with cream, garlic and parmesan cheese

Additional charge:

With Chicken & Mushrooms-With Shrimp

PIZZA

House-made dough (made daily), thick and spicy sauce and blended cheeses.

With Cheese: Large Small Perfect Personal

Extra Toppings: Large Small Perfect Personal

TOPPINGS: pepperoni, sausage, ground beef, ham, bacon, mushrooms, onion, green pepper, black olives, pineapple, tomatoes, jalapeno peppers, banana peppers, anchovies

SPECIALTY PIZZAS

SUPER SIX - Pepperoni, ham, sausage, green pepper, mushroom, onion

Lg Sm PP

MEAT LOVERS - pepperoni, ham, sausage, bacon, ground beef

Lg Sm PP

VEGETARIAN - Broccoli, onion, green pepper, black olives, tomato, mushroom

Lg Sm PP

CHICKEN ALFREDO - Alfredo sauce, tender chicken pieces, parmesan and mozzarella cheeses with shredded romaine and caesar dressing

Lg Sm PP

CHICKEN, MUSHROOM & SPINACH ARTICHOKE - Alfredo sauce, chicken, mushroom, spinach and artichokes with 3 cheese blend

Lg Sm PP

CALZONES

House-made pizza pocket with three items and served with pizza sauce

FAMILY ANTIPASTO BOWL

Just like our regular Antipasto.
With your pizza order - charge/person
(minimum 4/up to 20)

BREAD STICKS

Our own dough baked with garlic butter, mozzarella and parmesan cheeses, served with pizza sauce or ranch dressing

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